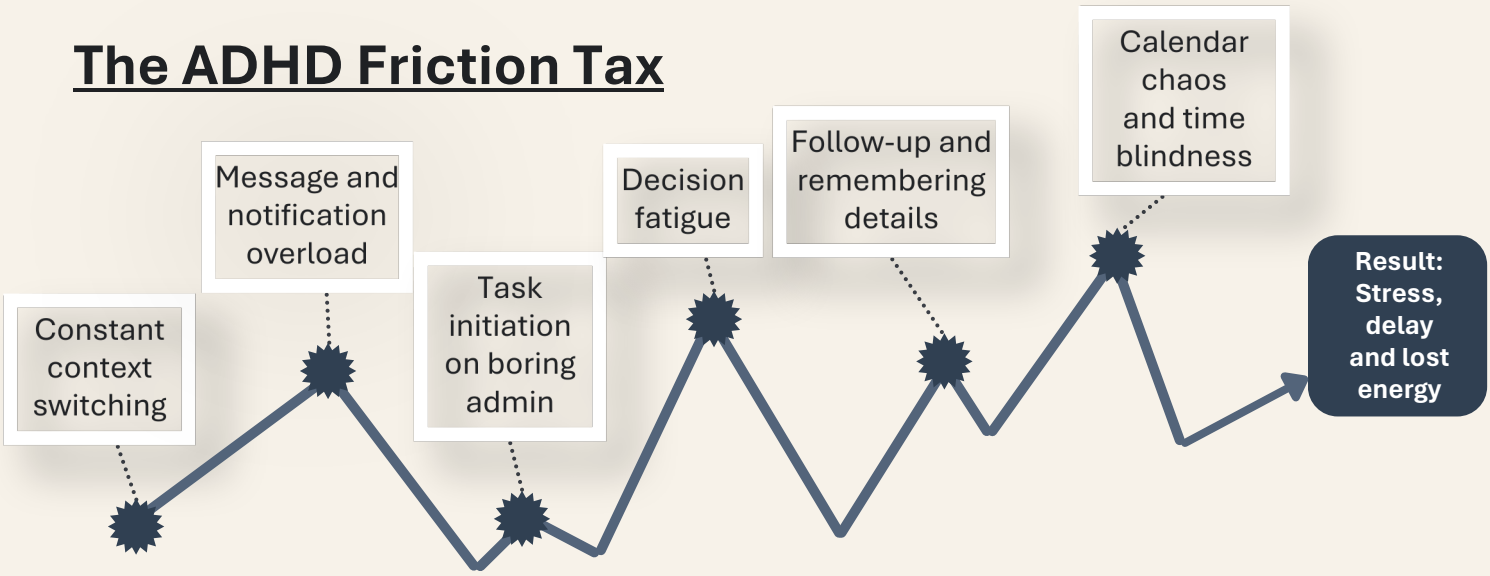
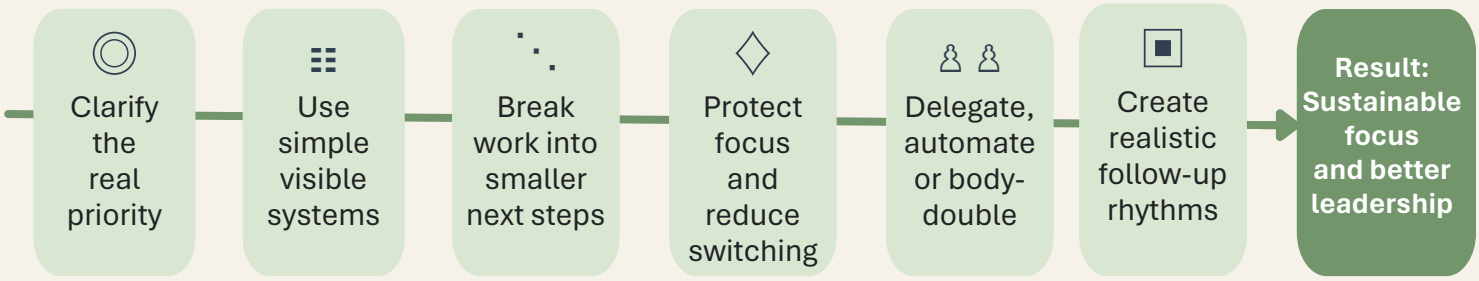
ADHD Business Leadership:
The Friction Tax vs. The Supported Path

The ADHD Friction Tax



The repeating points of pressure that can cause an ok day to spinal into a challenging one

The Supported Path



With coaching, and commitment to positive tailored habit formation, the day can look very different

ARISE COACHING

ADHD business leaders do not need less ambition — they need less friction to thrive at their best regulalry.

www.arise-coaching.com